



HEADS TOGETHER COMMUNITY NEWSLETTER #7 – April 2020

What's happening at HT right now?

Our aim during the current social distancing restrictions is to continue to support our community and provide opportunities for everyone to stay connected and have some HT style fun, friendship and family time

Our main consideration, as always, is safety and accessibility and we will continue to utilise our Facebook Groups, email, text and Zoom to communicate with everyone.

Working from home but still here for you

The HT Team are all currently working from home and like you juggling work, remote learning, a house full of teens, kids and pets. Here's how you can contact us:



Email

info@headstogether.org.au



Facebook Groups

[Families](#) [Parents](#) [Volunteers](#) [ABILiTy](#) [Heading Out](#)



Phone or text

0409 216 189 - Kayla has this phone and is contactable Tue to Fri 9am – 5pm

0413 344 701 - Jane has a second HT phone and is contactable Wed and Thu 9am – 5pm

Powering lived experience,
driving positive change



We connect and support
young people and families
impacted by
acquired brain injury

A Message from Kate & Lara

We decided that a new decade needed a new look Heads Together purpose. It's a bit punchier and we hope it captures the big picture of why HT exists.

We'd love to hear your thoughts and encourage you to use these catch phrases when you tell people in your life about HT. We are so optimistic about moving our programs into the online space, and while we can't wait to see you all in person, this will open up new opportunities for connection when life returns to "normal".

Heads Together for ABI

PO Box 124, Yarraville, Victoria 3013

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Our new look 'virtual' programs

Families

The Harry Potter camp planning has continued via Zoom and do not fear, we are hoping to be able to run this camp in October, fingers crossed!



In the meantime, our families have jumped online to support, connect & take part in wacky challenges through our Facebook page and there is a lot more fun coming this way...

Watch this space.



Parents

Some of our parents joined us for our first Morning tea on 23rd April. It was lovely to see their faces and hear what life's been like for the past several weeks; the highs, lows and funny stuff.

The plan moving forward is to host a combination of morning teas, afternoon teas, craftermornings and the most popular – Friday night drinks! This will hopefully give everyone an opportunity to join at a time that suits them best. Keep an eye on our Parents FB group and your email for upcoming dates.

We are also working on holding some online workshops so watch this space too!



Project Hope

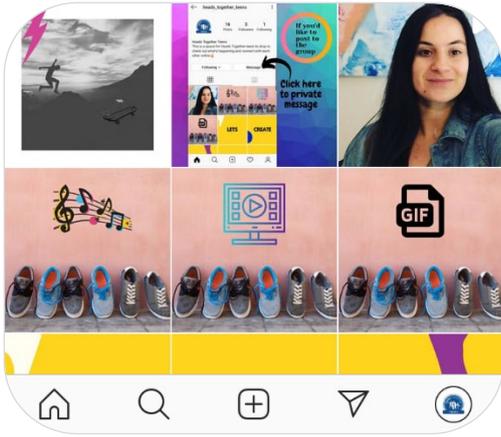
Penny, our wonderful Project officer for HOPE has been working hard to write up the study protocol so that RCH can approve us to start the trial at the end of the year.

Our courageous storytellers will be meeting with Kate and Penny via zoom to build their stories which will be recorded as soon as we're all allowed out of the house!



Teens

Teens have gone online too!



We have our very own Instagram teens page which is a closed group for our community only, where the teens can drop in, see what's happening and connect with one another.

Let your teens know to search Heads Together Teens on Instagram to follow the page, check it out & start interacting with one another.

Volunteers



Meet our new Volunteer Manager.

Anthea joined the HT team earlier this month. Many of you will know her already as she was our Camp Coordinator back in 2014, and has been a HT vol ever since then.

Anthea will soon be organising our very first volunteer ZOOM working BEE to get input and ideas about ways you can volunteer over the next six months and beyond. There are lots of valuable ways you can still connect with the HT community and volunteer, all while social distancing!

If you have any questions or feedback about volunteering at HT or if you need anything at all please do not hesitate to reach out to Anthea, she's your new HT Vollie support person!

Email: anthea@headstogether.org.au or message her via the [HT Vol Facebook Group](#)

ABILiTy

ABILiTy has moved very quickly to an online program. Kayla has done an excellent job communicating with her team, upskilling them to move onto Zoom. They have already run six social events with team meetings and seminars scheduled for later this month.



Young Adults

Heading Out has now moved online, already trailing their first two Happy Hour events.

They are offering different timeslots to promote accessibility and manage numbers and will aim to run 2-3 events per month with approximately 8-10 people per event.

