

HEADS TOGETHER COMMUNITY NEWSLETTER #4 - December 2018



Christmas Get-together

The Shared Table organisation are again generously hosting the Heads Together Family at their annual Christmas Party.

This Sunday 9th December
3pm - 6pm
"Viewfield"
651 Mt Macedon Rd
Mt Macedon



Entry for Heads Together Families is free ([Click here to print & bring this ticket with you for entry or just show this on your phone at the gate](#))

Bring picnic blankets, chairs and sun umbrellas. Rolls, sausages and softdrinks will be available for purchase but you are also welcome to bring your own picnic or just some nibbles and drinks.

Santa will be paying a visit and you are welcome to bring a small gift (suggest under \$10) for your kids which Santa will give out.

2019 Camps

We will be holding two camps during 2019 and families are welcome to attend both camps.

Expression of interest is open for our first camp
"Once upon a time at Camp...." Favourite Book theme.
Camp Manyung, Mt Eliza - 21st to 23rd June 2019



[June 2019 Camp Expression of Interest Form](#)

Save the date for our second camp at Lady Northcote, Glenmore - 18th to 21st October 2019 - we will send out EOI's for this camp in the new year.

Share your stories with us

Many members of our community are doing amazing things that we would love to share with our Heads Together Community and if appropriate with the wider world via our public Facebook page or website. Please send us your stories so we can spread the word about how awesome you are.

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Parent Workshops

Our first Parent Workshop for 2019 will be held on Saturday 2nd March at Yarraville Senior Citizens Club 10.00am – 2.30pm with lunch included.

The morning workshop will be on “Making the most of your Child’s Education”. This is a very common topic amongst all of our Parents and will give us the opportunity to support parents with kids at all ages and stages.

There is a choice of two workshops in the afternoon based on feedback from our Parent community, thanks for your input.

“Mental Health and Brain Injury” or “Friendship - making and keeping connections”.

Here’s the link to [RSVP](#)

We will also have some of our wonderful volunteers on hand to run fun activities for the younger kids (under 13) whose parents are attending the workshop.

Based on feedback from our Teen Heading Out groups this year, we will continue to run events but they will be separate to the parent events. Our first event will be held Saturday 23rd March. More information and EOI to follow in the new year.

Facebook Parents’ Group



We would love to get all our parents joining and interacting on our Heads Together Parents’ FB Group. This is where you can ask questions, share information, support and be supported.

We got some wonderful feedback from Parent Group at October camp based on our “thinking back to the early days” question which we will be uploading onto the group so take a look and add any thoughts or ideas you may have.

One of our HT Parents, Emily Palmer, has recently reached out to ask our Community to share their experiences with the education system with the view of taking this information to the Victorian Government and creating positive change. So please keep a look out for Emily’s post and start sharing – what’s working, what’s not working, wishes for the future of your kids’ education.

We are committed to giving a voice to our community and creating positive change for people with lived experience of brain injury so let’s put our collective voices together. If you haven’t already joined the FB Group follow the link [here](#).

End of Year message from Kate

It’s been a huge year at HT and I don’t know about you, but I feel it’s gone by in a flash. So before it’s over I wanted to say an enormous thank you for making HT such a wonderful, positive and supportive community. We have run 37 events this year with over 550 people and your generous and understanding participation has made them all a great success. You have been part of every aspect of our organisation this year whether walking 50km, fundraising, planning, volunteering at events all the way to strategising and driving our future as members of our board. Have a well deserved holiday break, eat, drink and be merry and we can’t wait to see you all next year.